



Technique 9 Knife attack; front stab

1. Identify the situation



2. Go into a non-threatening position



3. Put your but back and catch the knife hand between your hands



4. Move the knife hand to the lateral



5. When the knife is on a safe distance, kick the opposite knee 委陽 Weiyang - Urinary bladder 39



6. Take care of the knife when the attacker fall down on his knees



7. Move the knife to the chest of the attacker.

