



Technique 4 Pistol attack

1. Identify the situation
2. Step to the side and push the gun to the side



3. Hit Large intestine 11 while gun pointing upwards



4. Take a step and put your leg behind his, press his gun-hand backwards; be careful of the gun



5. The gunman fall to the floor and you slide your hands to control the gun directly; bend the gun with the finger inside the trigger area – break the finger!

