

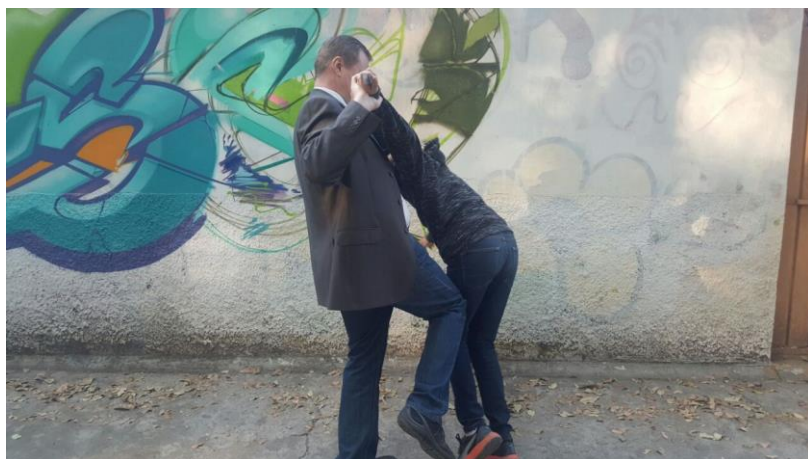


Technique 13 Knife attack; Knee

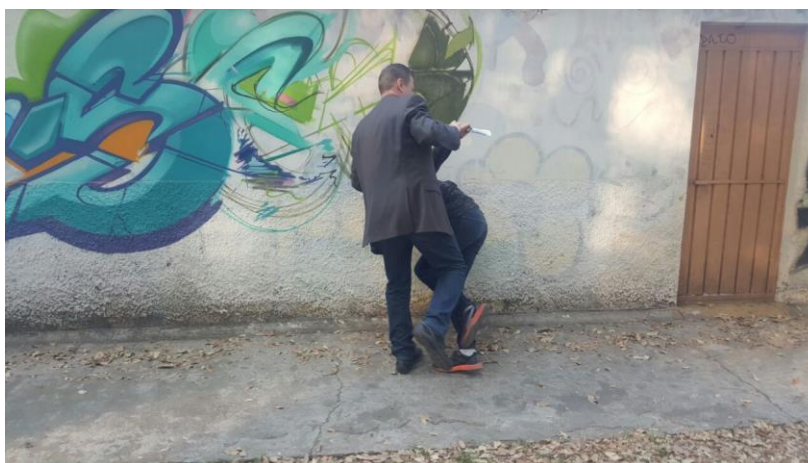
1. See and Stop the knife hand; put your free hand on the shoulder that holds the knife



2. Kick your knee in 風市 Fengshi - Gall bladder 31; avoid the knife



3. Guide the knife out and to the side



4. When the attacker is down focus on taking the knife



5. Hold the knife on a safe distance

