

Technique 12 Holding neck grip

1. An attacker hold your neck



2. Place the long finger at Small intenstine 17



3. Initiate a circular movement



4. Aim the attacker to the floor





5. Control the attacker to the floor with 人迎 Renying - Stomach 9



6. Hit絲竹空 Sizhukong - San jiao 23 with lower parts of your palm

