

Strangulation Seminar

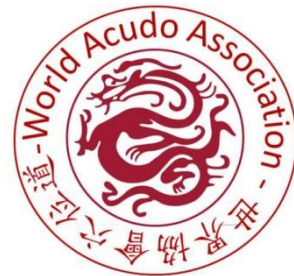
Acudo ryu



- 6 strangulations
- Two finger strangulation

A Seminar given by Doshu Nils Volden 8. dan

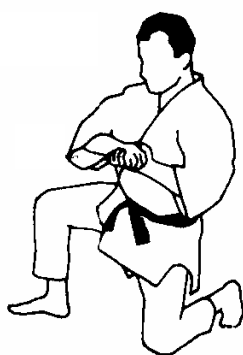
Six Strangulations used in Acudo ryu



Nami juji jime



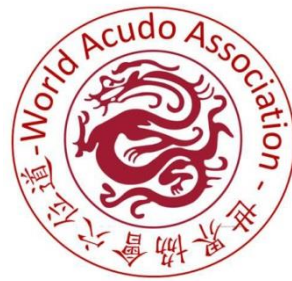
Hadaka jime



Kataha jime



Ryote jime



Tsukkomi jime / Kata te jime

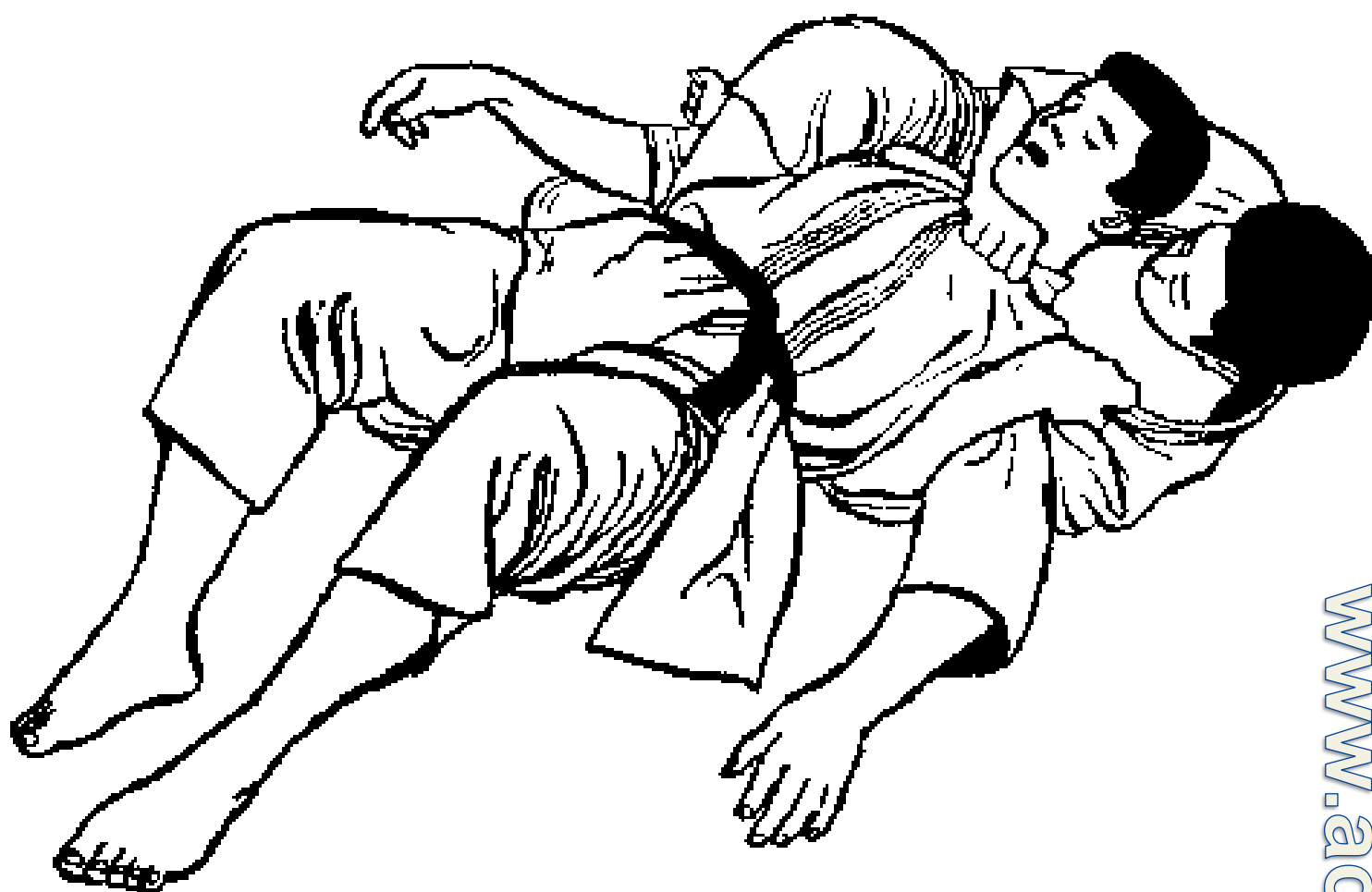
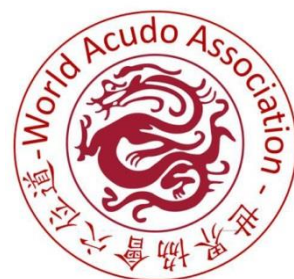
TSUKKOMI JIME



KATA TE JIME



Jigoku jime



www.acudo.org

Two fingers strangulation; James Bond

- 10 seconds

